

HLTAID009 Provide cardiopulmonary resuscitation

COURSE OVERVIEW

- This unit of competency describes the skills and knowledge required to provide CPR, upon the arrival of medical or other assistance. This is suitable for those students requiring workplace first aid skills, those wanting to refresh exist skills or those who simply want to acquire a lifesaving skill.
- The course will teach you how to perform cardiopulmonary resuscitation on adults, children and infants and emphasise how critically important the minutes before medical help arrives can be. The course will teach you some basic theory behind cardiac conditions and the physiology of the heart and what happen when someone experiences Sudden Cardiac Arrest. You will learn practically how to perform manual CPR.
- The course is fully accredited Nationally Recognised Training.

COURSE ENTRY REQUIREMENTS

- There are no formal education entry requirements, but participants must pass a Language, Literacy and Numeracy test prior to training.
- You will need to perform a required duration of continued CPR on a practice manikin so we ask that you inform training staff if you have a problem with your back or knees. While we can cater for this to some extent, remember you are practicing and being assessed on a skill that could be performed in any condition, anywhere.
- You must be at least 14 years of age.
- We ask that you wear clothing that is comfortable and not too restrictive to allow you to comfortably perform CPR and the recovery position.
- You must wear enclosed footwear at all times while training with us.

DURATION & STRUCTURE

The course is conducted face to face in a classroom-based learning environment over 3 hours. You can attend the training at our training centre in Fairfield. You will also be required to complete a pre-course learning workbook and assessment prior to attending your practical training day. These will be provided to you electronically on enrolment.

You will conduct a range of simulated activities, work in small groups and you will need to complete a theory component online prior to attending the practical day to be deemed competent. Proof of completion of the theory is required before we can confirm attendance at one of our practical sessions.

POTENTIAL JOB ROLES

This program has a very broad application in all sectors of the community and all workplaces and industry. It does not directly lead to a defined employment outcome in its own right, but is a component of a set of skills that can lead to employment or assist with maintaining conditions of employment.

For example, all Nurses and Doctors need to refresh CPR annually as part of their ongoing Continuing Professional Development. Teachers and childcare workers also need to maintain currency, as do many other workplace First Aid and WHS positions.



CPR SAVES LIVES, LEARN IT TODAY!

COURSE UNIT

This course is a single Unit of Competency in HLTAID009 Perform cardiopulmonary resuscitation. You will learn the key skills required to competently perform CPR and defibrillation.

Topics Covered:

WHS Legislative requirements
Duty of Care
Identify and respond to an emergency situation
Assess and minimise hazards to self, others and the casualty
Assess the need to perform CPR
Assess the casualty and check for a response
Recovery position
Caring for an unconscious casualty
Sending for help and notifying emergency services
Perform CPR in line with ARC guidelines
Operate an Automated External Defibrillator (AED)
Ratios and CPR considerations for Adults, Children, Infants
Chain of Survival
Reporting and recording details and conveying information
Personal Protective Equipment or standard precautions
Recognising own limitations

COURSE FEES

- Course Cost: \$60
- All learning materials included, no additional costs.
- On successful completion of the training you will receive a Statement of Attainment for HLTAID009 Perform cardiopulmonary resuscitation. This is a nationally recognised qualification valid around Australia. It is an industry recommendation that a CPR Refresher is conducted annually.

Training is conducted at our training venue:

- FAIRFIELD
8 Nelson Street, Fairfield, NSW, 2165

CONTACT US

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